

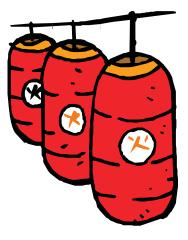
TO BECOME CHAMPIONS ...

...you and I must learn to live by the Fruit of the Spirit, and fight against our sin on a daily basis.

This is no easy workout, and will require time, sweat, training, and effort.

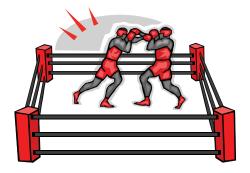


HOWEVER, TO BE A WINNER, YOU WILL NEED A COACH.

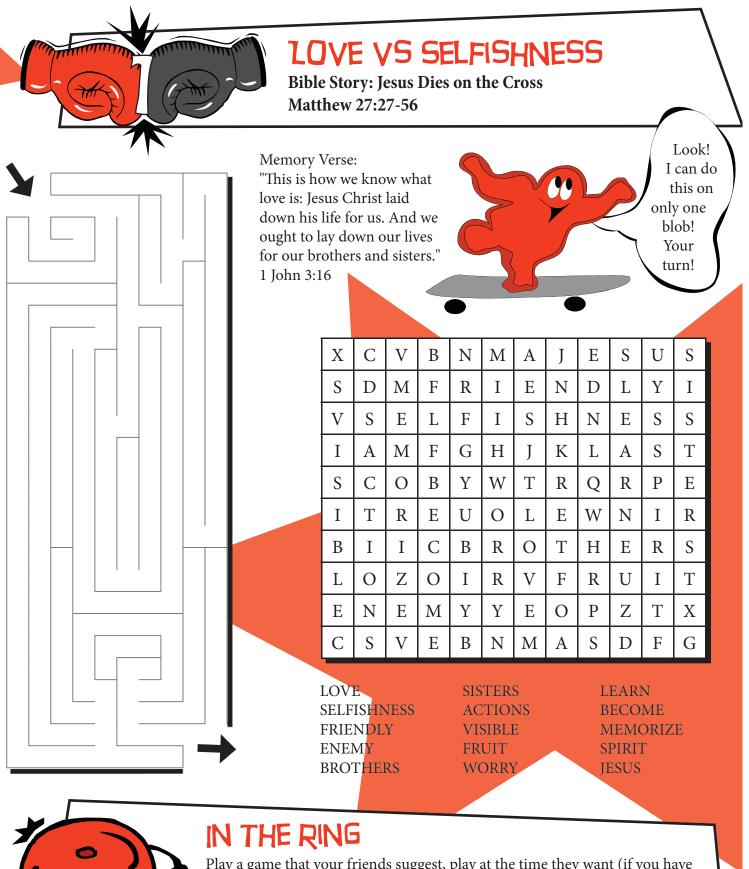


Come to this class each week for your workout and training and listen to your coach. Learn the memory verse, hear the Bible story, and get help with how to knockout the sin that wars within your heart.

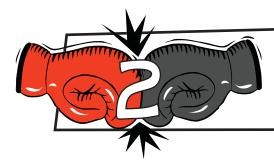
Then during the week, get into the ring as you put into practice each lesson in your real life. Each time you do the homework assignment titled "In the Ring," you are throwing a great punch at sin!



KEEP UP THE FIGHT, AND YOU CAN WIN COMPETITIONS AND BECOME A CHAMPION!



Play a game that your friends suggest, play at the time they want (if you have permission) and play it for as long as they want. Do not mention to them what you desire to play. This time, your desires do not matter, because you are showing real LOVE with no thought for yourself.



LOVE VS JUDGEMENTAL ATTITUDE

It's not easy to forgive sometimes. But I'm working on it.

Bible Story: Speck of Dust and Plank Matthew 7:1-5

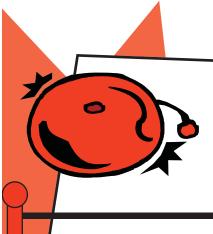
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MEMORY VERSE JUDGE OTHER MEASURE MOCKING LOVE INTENTION PROBLEM TEACHING

WRONG FAULT REASON JESUS ALIVE

Memory Verse:

"Do not judge, or you too will be judged. For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you." Matthew 7:1-2



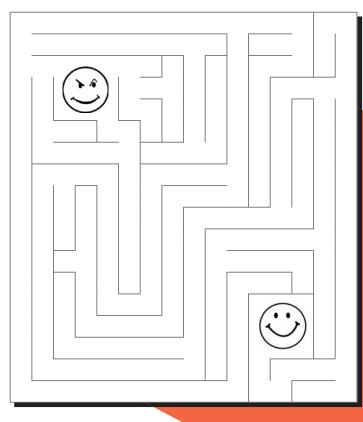
IN THE RING

Tell someone "Good job" and compliment them for something good that you see. Bring a small pocket mirror around with you all day. When you are tempted to judge someone, take out the pocket mirror and look at yourself. Remind yourself that you do not need to help others fix their faults today.



LOVE VS HATRED

Bible Story: Judas Betrays Jesus Matthew 26:14-16



Memory Verse:

"Whoever claims to love God yet hates a brother or sister is a liar. For whoever does not love their brother and sister, whom they have seen, cannot love God, whom they have not seen." 1 John 4:20

I get so mad sometimes at other people, I just take off running! S D F E S U S S А J Κ L Ο V E G В Η J Ι S S L E В R Μ Α R А Q А W E L Μ Ο E А Т Т D Y Т Ι Т G E Ο R S Ι E U R U Η А R R Ζ R F А S Т E Ν E R S С F E Т Х Y Ο R G V В Ν Μ Μ Ο Ν E Y R Т Y U L Ι Κ E R Q W

LOVE ANGER BROTHER SISTER AGREE LIKE FASTENER EMBARRASS MISTOOK JEALOUS

JESUS FORGET BETRAY LEADERS MONEY

IN THE RING

Do something nice for someone you dislike. Hold your tongue when you see someone else cheating or about to mess up. Do not tell on them or get them in trouble.



LOVE VS SELF-JUSTIFICATION

Bible Story: Parable of the Good Samaritan Luke 10:25-37

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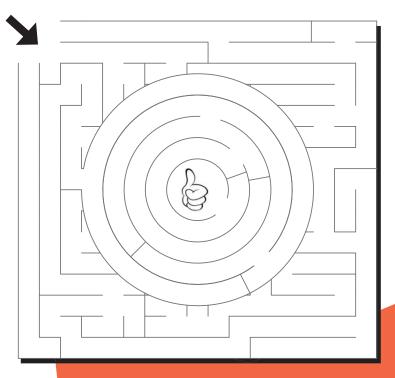
I'm just a little amoeba.

It's not my fault I

didn't do it right!

Memory Verse: "Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind'; and, 'Love your neighbor as yourself." Luke 10:27

LOVE **SCENE SPIRIT STRENGTH** HEART FEARS FORGIVE **NEIGHBOR** YOURSELF **BIBLE** SAMARITAN **ROBBERS** RELIGION PASTORS **EXPERTS JUSTIFY**



IN THE RING

Stop to help someone in need this week, ignoring all the excuses you may have for not doing it. Do something special for someone who is not in your level of society.

LOVE VS SPIRITUAL VANITY

Bible Story: David Chosen as King 1 Samuel 16:1-13

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LOVE PATIENT EAGERNESS ENVIOUS BOAST PROUD DISHONOR SELFSEEKING ANGERED RECORD WRONGS DELIGHT OTHERS REJOICES TRUTH

Memory Verse:

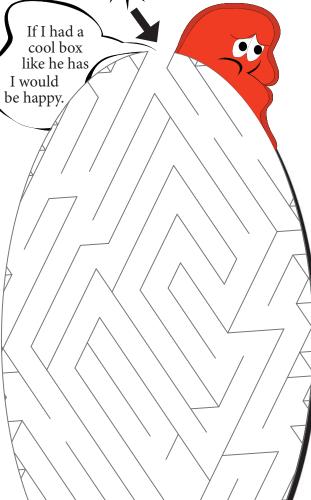
"Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres."

1 Corinthians 13:4-7

IN THE RING

Ask God if there is a spiritual practice you should stop, as you move your focus onto LOVE. Do more actions this week to show love: do not boast, do what is best for others and not yourself, and do not hold people accountable for the wrongs they do.





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WORLD JEALOUSY QUARRELING ACTING CRYSTAL OTHER FIGHTS WONDERFUL PARENTS TALENTS ABILITY CHURCH SPIRIT JESUS

Memory Verse:

"You are still worldly. For since there is jealousy and quarreling among you, are you not worldly? Are you not acting like mere humans?" 1 Corinthians 3:3

IN THE RING

Thank God for the spiritual gifts, physical appearance, possessions, and family that you have. Ask God to give you joy and contentment for what you have. Choose someone you may have been jealous of in the past, and give them a small gift. (Do not tell them of your past jealousy.)



JOY VS GREED

Bible Story: The Rich Young Man Matthew 19:16-30

> I wish there was more stuff in my box.

WATCH REGARDS KINDS GREEDY CONSIST ABUNDANCE POSSESSIONS MEMORY MONEY LOTTERY STEALS LOVES APPEAR SERVES

"Watch out! Be on your guard against all kinds of greed; life does not consist in an abundance of possessions." Luke 12:15

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IN THE RING

Give some of your own personal money to God in the offering plate at church, not knowing to whom it will go. Use some of your money to serve someone else. If you do not have any money, take a possession you have and give it away.



JOY VS SELF-PITY

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Bible Story: Jonah and the Worm Jonah 4:1-10

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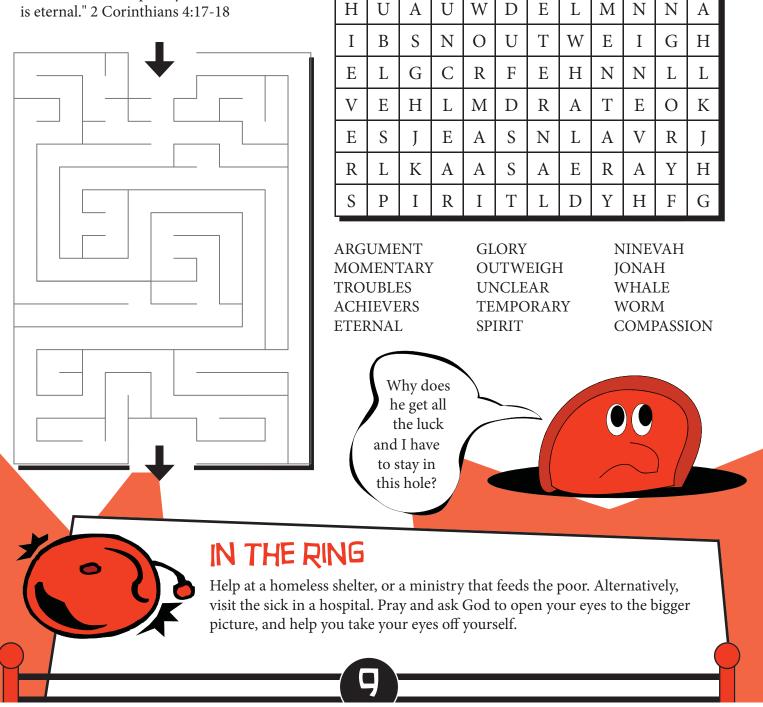
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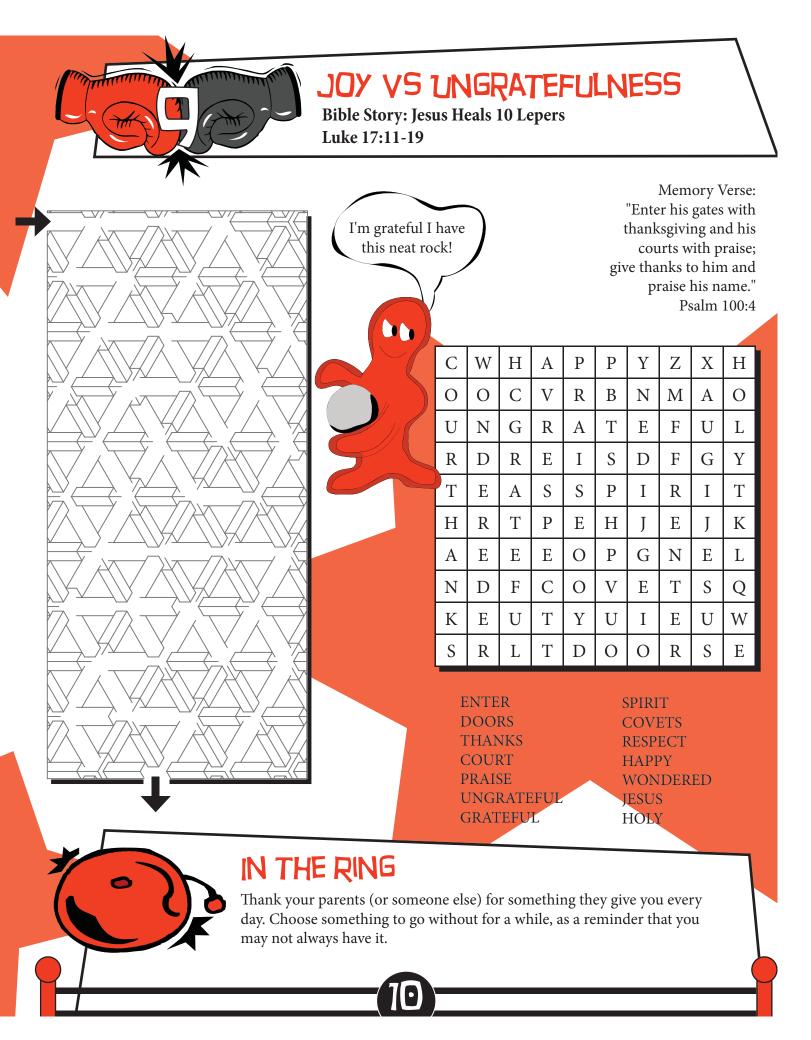
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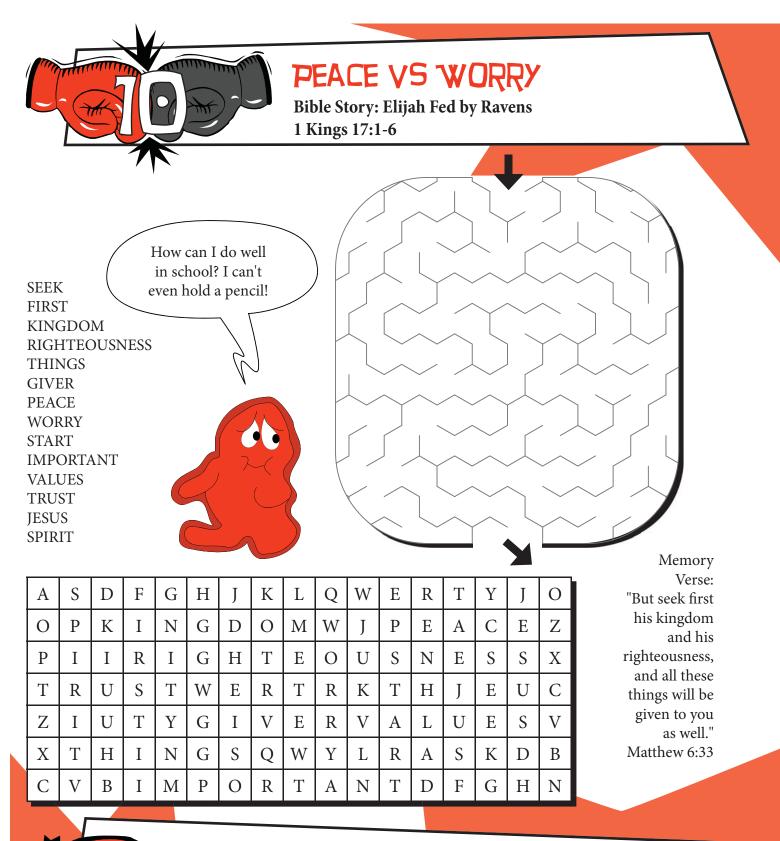
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Memory Verse:

"For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal." 2 Corinthians 4:17-18







IN THE RING

Share something you have with someone else, even if it means you will have to go without. Either food, clothing, bus fare, or something else that costs you money. Ask God to meet your needs.



PEACE VS FEAR

Walking on water is cool.

Bible Story: Peter Walks on Water Matthew 14:22-33

Memory Verse:

"Truly I tell you, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you." Matthew 17:20-21

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TRULY FAITH **SMALL** LIVING MOUNTAIN NOTHING **IMPOSSIBLE** CHRISTIANS GIVING BOTH AGREE **ACTION** GOD **JESUS**

IN THE RING

Choose something that feels impossible to do, and set aside your fear. Ask Jesus to help you do it. Then start taking steps into it. (It is a success for you to start, even if you sink as Peter did. The task is to choose something that feels impossible and try it.)



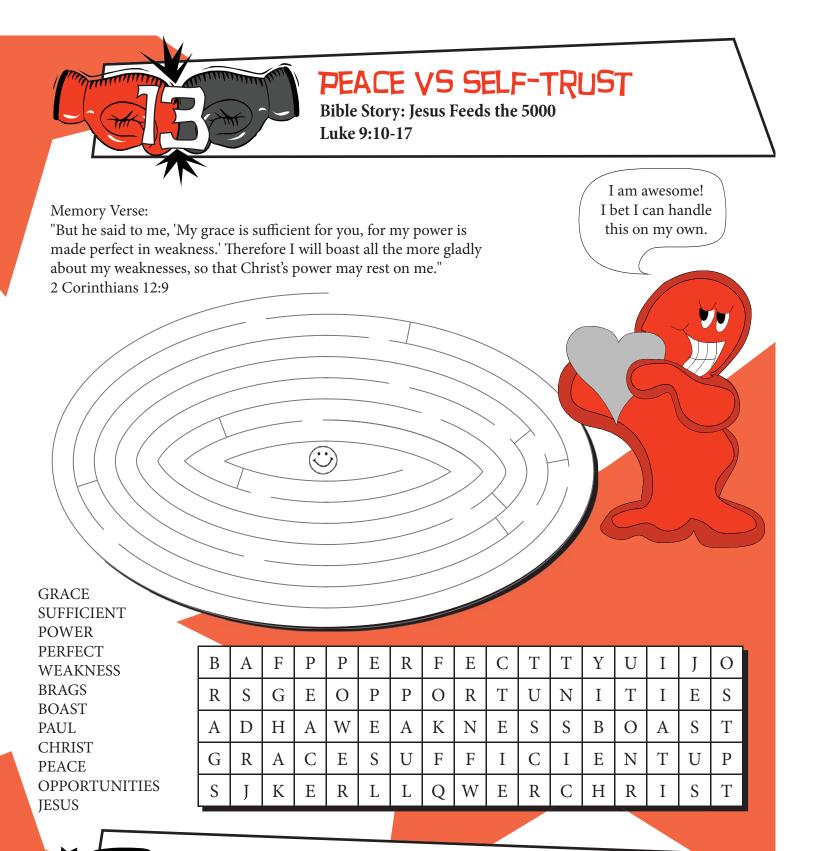
PEACE VS DISCORD

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Bible Story: Turn the Other Cheek Matthew 5:38-42

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IN THE RING

Ask God for an opportunity to serve Him in an area where you are weak. Sign up in your church to serve in that area. If you are quiet, speak out more this week. If you are loud, be quiet more this week.

You are a very valuable treasure to God.

"And the Lord has declared this day that you are his people, his treasured possession as he promised...

...and that you are to keep all his commands." Deuteronomy 26:18

Champions Difficult English

www.ChildrenAreImportant.com info@childrenareimportant.com We are located in Mexico. DK Editorial Pro-Visión A.C.

